



2023



CURRICULUM VITAE



Dr. Vishal N. Shinde

M.A. (Marathi, Pol. Sci.),

B.P.Ed., M.P.Ed., Ph.D.

CURRICULUM VITTE

Dr. VISHAL N. SHINDE

Director Of Physical Education

Nilkanthrao Shinde Science & Art's College, Bhadrawati.

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Tah- Bhadrawati, Dist-Chandrapur-442902

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□ Personal details:

Father's Name: Shri. Nilkanthrao Y. Shinde

Date of Birth: 19.01.1983

Sex: Male

Marital Status: Married

Nationality: Indian

Mother Tongue: Marathi

Languages Known: English, Marathi, Hindi,
(Reading, writing, speaking)

Join Secretary : “Bhadrawati Shikshan Sanstha” Bhadrawati.

President : “Fitness Health Club” Bhadrawati.

President : “Vidhyarthi Yuvak krida Mandal” Bhadrawati.

Life Time Member : “National Association of Physical Education And Sports
Science.”

Research Committee Member :- Maharashtra Fencing Association.

President : Chandrapur District Taekwondo Association.

□ Educational Qualification:

✦ **2013, Ph.D.** R.T.M. Nagpur University, Nagpur, INDIA.

“Hkkj izf’k{k.k ,oe mRrstd O;k;keks dk f[kykMh ds ‘kjhj dzh;kRed rFkk ‘kkjhfd
{kerk ds ?kVdks ij iMus okyks izHkko dk v/;;Uk”

Under the Guidance of **Dr. V. S. Deshmukh**, lecturer Nagpur Sharirik Shikshan Mahavidhyalaya Nagpur. **Dr.Dipak Kavishwar**, Principal Nagpur Sharirik Shikshan Mahavidhyalaya,Dhantoli Nagpur-440020, India (*Co- Supervisor*).

Sr.No	Course	Name of Board/University	Percentage	Year
1.	M.A.(POL.SCI.) Second Year First Year	Rashtra Sant Tukdoji Maharaj Nagpur University, Nagpur	58% 54.75 %	2010 2012
2.	M.P.Ed. Second Year First Year	Rashtra Sant Tukdoji Maharaj Nagpur University, Nagpur	73% 64.2%	2009 2008
3.	B.P.Ed.	Rashtra Sant Tukdoji Maharaj Nagpur University, Nagpur	72.58%	2007
4.	M.A.(MARATHI) Second Year First Year	Rashtra Sant Tukdoji Maharaj Nagpur University, Nagpur	50% 50 %	2006 2005
5.	B.A. (Eng.Mar.MLT.Pol.Soc.)	Rashtra Sant Tukdoji Maharaj Nagpur University, Nagpur	56 %	2004
6.	H.S.S.C.	Maharashtra state Board	57.17%	2001
7.	S.S.C.	Maharashtra state Board	62.93%	1999

✦ **Technical Expertise:**

MS- CIT (2003)

✦ **Hobbies:**

Playing Volleyball, Cricket , Kabaddi, Roller skating speed, Roller skating hockey and Karate, Playing Tabala, Singing , Gym.

✦ **Sports Achievements:**

- **Winner of Silver medal in XIVth MAHARASHTRA STATE ROLLER SKATING CHAMPIONSHIP** skating hockey, skating speed, roller hockey.(29th Nov.2002)
- **Winner** of School level Kabaddi tournament on dated 26th Jan 1996
- **Winner** of School level Kho-Kho tournament on 26th Jan1996.
- **1st Dan Taekwondo Promotion Test** on 14 March 2021.

✦ **Other Achievements:**

- AKHIL BHARTIYA GANDHRV MAHAVIDHYALAYA MANDAL, MUMBAI.
TABALA 1. Praveshika prarambhik, (IInd division)
2. Praveshika pratham, (Ist division)
3. Praveshika purn. (Ist division)

- **First division** in the district level examination Maharashtra Rajya Dyanranjan Shishyavrutti Pramanpatra Spardha Pariksha, conducted by Dyan-Vigyan Mandal Pune. (1995)

- One year course successfully completed of **M.C.C (Maharashtra Cadet Code)** in 1997-1998.

✦ **Symposium/Conferences/Seminars/Workshops/Webinar All India Games competition Participated:**

1. Conference on Gravitation Theories and Astronomy (CGTA-09), Nilkanthrao Shinde Science & Arts College, Bhadrawati, Dist:Chandrapur (M.S.)India, (December 28-30,2009).
2. State level workshop on “Psychological Techniques to Enhance Sports Performance” organized by R.S.Mundle Dharampeth Arts and Commerce College, Nagpur (April 17th,2010).
3. National level Conference on “Disaster Management in Physical Education,Games And Sports” organized by Nagpur Sharirik Shikshan Mahavidyalaya Nagpur. (4thFebruary 2011)
4. National level Conference (*interdisciplinary*) on “Olympic Games as Prevention of Terrorism” organized by Dhanwate National College , Congress Nagar, Nagpur (October 14-15,2011)Pg. no. 136-141. ISBN-9781-81-921416-6-4.
5. National level Conference (*interdisciplinary*) on “Stress Management and Sport Psychology in Physical Education” organized by Prin. Arunrao Kalode Mahavidyalaya, Nagpur (19th April 2012) Pg. no. 359, ISBN- 978-81-923736-0-7.
6. State Level Conference On “Role of Physical Education in Personality Development” organized by Santaji Mahavidyalaya, Nagpur (25th April 2012) Pg. no. 130, ISBN-978-93-80986-26-5.
7. Academic Performance Indicators (API) Organized by department of physics,Nilkanthrao Shinde Science & Arts College,Bhadrawati.(3 rd March 2014)

8. Workshop On “Importance Of Sports & Games In Education Pattern” Organised by Department Of Physical Education Gondwana University,Gadchiroli.(29 th January 2015)
9. Workshop on “New Eligibility Rules & Regulation” Organised by Department Of Physical Education Gondwana University, Gadchiroli. (16 th July 2015)
10. One day National Webinar on “Mental & Physical Fitness: A Remedy on Pandemic” Organised by Adarsh Art’s & Commerce College, Desaignj Wadasa. (23rd Feb. 2021)
11. Facebook Live Webinar Series on “India –China Lecture Series” Organised by Shri. & Smt. P.K. Kotawala Arts College Patan-Gujrat (23rd Feb. 2020)
12. Online Workshop on Sports & Health Education Organised by Dist Sports Office Aurangabad & Indian Institute of Scintific Research And Analysis. (15th Apr. to 22nd 2020.)
13. 30 Day’s Online Certificate Course in “Yoga and Meditation” Organised by Dept. of Physical Education & Sports Shri. Shivaji Science College, Amravati. (3rd Aug. to 1st Sept. 2020.)
14. International E-Conference on “Yoga for Mental health” organized by Gondwana University, Gadchiroli & Chintamani Mv. Ghugus. (18th Sept. 2020.)
15. International Webinar on “Stress Management And Sports Performance” Organised by International Fedration of Physical education, Fitness and Sports Science Association. (05th Dec. 2020)

➤ **Gondwana University based Appointment**

1. Gondwana University,Gadchiroli selection Trails of Vollyball (Men) As a selection Committee Member. Have Arrange From 30/09/2014 To 01/10/2014 at Nilkanthrao shinde Sci & Arts College,Bhadrawati.
2. Gondwana University,Gadchiroli selection Trails of Taekwondo (Men) As a selection Committee Chairman. Have Arrange From 17/01/2015 To 18/01/2015 at Nilkanthrao shinde Sci & Arts College,Bhadrawati.
3. Gondwana University,Gadchiroli selection Trails of Power lifting,Weight Lifting,Best Physique (Men) As a selection Committee Member. Have Arrange From 10/09/2014 at Rajiv Gandhi Arts Mv. Chandrapur.

4. Represented in the Capacity of Manager (Judo) in All India Inter University/West Zone Inter University Amritsar Tournament held at Gurunanak dev university Amritsar.(6th Feb 2015)
5. Represented in the Capacity of Manager (Fencing Men) in All India Inter University/West Zone Inter University Amritsar Tournament held at Gurunanak dev university Amritsar.(12 Jan 2018)
6. Represented in the Capacity of Manager (Taekwondo Men) in All India Inter University/West Zone Inter University Amritsar Tournament held at Gurunanak dev university Amritsar.(09 Feb 2018)
7. Represented in the Capacity of Manager (Taekwondo Men) in All India Inter University/West Zone Inter University Patiala. Tournament held at Punjabi University Patiala.(14 to 17 March 2020)
8. Represented in the Capacity of Manager (Judo Men) in All India Inter University/West Zone Inter University Tournament held at S.S.M.J University Kanpur.(07 to 09 January 2020)
9. Represented in the Capacity of Manager (Taekwondo Men) in All India Inter University/West Zone Inter University Kerala Tournament held at Kerala University Kerala.(21 to 24 March 2022.)
10. Represented in the Capacity of Manager (Taekwondo Men) in All India Inter University/West Zone Inter University Amritsar Tournament held at Gurunanak dev University Amritsar (3rd to 6th Jan. 2023)
11. Represented in the Capacity of Manager (Taekwondo Women) in All India Inter University/West Zone Inter University Amritsar Tournament held at Gurunanak dev University Amritsar (9th to 12th Jan. 2023)

✦ Invited Talk

1. On “खेळातील संधी - आजचा विद्यार्थी” At Matoshri Yamunabai Shinde Highschool & Jr.College Chora.Have arrange From N.S.Sci & Arts N.S.S.Department.Bhadrawati on dated 17/01/2015.
2. On “स्वच्छ गाव – समृद्ध गाव ” At At Z.P. School Chiradevi. Ta. Bhadrawati Dist:- Chandrapur. Have arrange From N.S.Sci & Arts N.S.S.Department.Bhadrawati on dated 09/01/2019.
3. On “व्यक्तिमत्व विकासासाठी खेळाचे महत्व” At Z.P. School Chiradevi. Ta. Bhadrawati Dist:- Chandrapur. Have arrange From N.S.Sci & Arts N.S.S.Department.Bhadrawati on dated 13/03/2022.

✦ Resourse Person

1. Appointed as a subject expert for the interview of “Physical Education Lecturer ”for advoc base at K.V.Chanda on dated 24/06/2014 At 10 am.
2. Appointed as a subject expert for the interview of “Physical Education Lecturer ”for advoc base at K.V.Chanda on dated 04/03/2022.

✦ Book published

1. “**Exercise in Physical Education And Sport’s**” Dt. 2019. Edited & Compiled by:- **Vishal N. Shinde** published by:” SPORTS PUBLICATION” 7/26, Ground Floor, Ansari Road, darya Ganj, New delhi-110002. **I.S.B.N:978-93-87363-96-0**
2. “**Kabaddi skills and Techniques**” Dt. 2022. Edited & Compiled by:- Vishal N. Shinde published by:” SPORTS VISION” Publishing Division : Bhagavati Publisher Distributors New Delhi **I.S.B.N:978-93-94245-40-2.**
3. “**Complete Book of Taekwondo**” Dt. 2022. Edited & Compiled by:- Vishal N. Shinde published by:” SPORTS VISION” Publishing Division : Bhagavati Publisher Distributors New Delhi **I.S.B.N:978-93-94245-39-6.**

➤ **Research Paper published in national & International Journal:**

1. “The Prevention of Sports injuries in children” , (**Vishal N.Shinde**, V.S.Deshmukh,D.P.Kavishwar),*Search and research journal* on 21st May 2011. Vol. III (1): 62-64 (2011)
2. “Challenges and opportunities created by terrorism: present scenario” (**Vishal N.Shinde**) *Online international interdisciplinary research journal*, ISSN-2249-9598, Vol. II, Mar-Apr 2012, Page no. 202-209, www.oijj.org

Research articles published in national & International conference proceeding:

1. Awareness Of The Environment For Eating And Physical Education In A Rural Community. **Vishal N.Shinde**, V.S.Deshmukh, D.P.Kavishwar, State Level Conference On “**Role of Physical Education in Personality Development**” organized by Santaji Mahavidyalaya, (25th April 2012) Pg. no. 130, ISBN-978-93-80986-26-5.
2. “खेळाडुवर होणारा तनावचा प्रभाव व संभाव्य उपाययोजना” **Vishal N. Shinde**, V.S.Deshmukh, D.P.Kavishwar, “**Stress Management and Sport Psychology in Physical Education**” organized by Prin. Arunrao Kalode Mahavidyalaya, Nagpur (19th April 2012) Pg. no. 359, ISBN- 978-81-923736-0-7.
3. “**Sports For Global Peace**” **Vishal Shinde**, V.N. Kamble, K. Madan Mohan, “Olympic Games as Prevention of Terrorism” organized by Dhanwate National College , Congress Nagar, Nagpur (October 14-15,2011)Pg. no. 136-141. ISBN-9781-81-921416-6-4.
4. “**Awareness of the Environment for Eating and Physical Education in a Rural Community**”, **Vishal N. Shinde**, V.S.Deshmukh, D.P.Kavishwar, “**Role of Physical Education in Personality Development**” organized by Santaji Mahavidyalaya, Nagpur (25th April 2012) Pg. no. 130, ISBN-978-93-80986-26-5.
5. **Vishal Shinde**, “**Exercise to Lose & Control Weight**”, Poster entitled **National Conference on “Recent Trends in Mathematical, Physical, Chemical, Library And Life Science**” Organized by Nilkanthrao Shinde Science & Arts College, Bhadrawati. (Feb 7, 2020).
6. **Vishal Shinde**, Chandrakant R. Mhatre, “**Benefit and Impact of Yoga in Sports**”, “**Olympic Down The Ages 2020**” Scientific International Conference on Physical Education and Allied Sciences Holistic Development for Excellence in Sport Performance, Health & Well Being. (UGC. CARE JOURNAL) “**Benefit and**

Impact of Yoga in Sports” organized by DCT’s S.S.Dempo College of Commerce & Economics Cujira, Bambolim-Goa. & Government College of Art’s Science & Commerce Sanquelim-Goa. (Feb 27-29,2020) **ISSN :2394-3114 Pg. no. 768 To 771.**

7. **Vishal Shinde, “SPORTS : A STRESS BUSTER ”** One day Internatioanal Multi-Disciplinary Conference Research, Innovation, challenges & Opportunities in Higher Education organized by Smt. Salunkabai Raut Art’s & Commerce College, Wanoja, in Collaboration with Saraswati Kala mv. Dahihanda Arts & sci. College, Kurha. (13th Jan 2023) **ISSN 2277-8071 Pg. no. 116 to 118**

➤ **Gondwana University,Gadchiroli First Time Intruduce Game.**

- 1.Taekwondo:- 2014-15.
2. Fencing:-2015-16.

➤ **Gondwana University Leval Games Organized.**

1. Vollyball:- 2014-15.
2. Taekwondo:- 2014-15.
3. Vollyball:- 2015-16.
4. Taekwondo:- 2015-16.
5. Kabaddi:-2015-16.
6. Fencing:-2015-16.
7. Taekwondo:- 2016-17.
8. Archaery:-2016-17.
9. Taekwondo:- 2017-18.
10. Judo:- 2017-18.
11. Kabaddi:- 2017-18.
12. Badminton:- 2017-18.
13. Badminton:- 2018-19.
14. Vollyball:- 2018-19
15. Taekwondo:- 2019-20.
16. Weight Lifting, PowerLifting, Best Physiqe :- 2019-20
17. Fencing:- 2019-20
18. Kabaddi :- 2021-22
19. Taekwondo:- 2021-22
20. Fencing:- 2021-22
21. Wrestling/Free style Greco :- 2021-22
22. Fencing:- 2021-22
23. Badminton:- 2021-22
24. Judo :- 2022-23
25. Taekwondo:- 2022-23

✦ **Gondwana University, Gadchiroli Many Sports Trail's Selection committee Chairman/Member.**

1. Vollyball (Men) Selection Committee Member for the year-2014-15.Org.by N.S.Sci & Arts Mv. Bhadrawati.
2. Taekwondo (Men/Women) Selection Committee Member for the year-2014-15.Org.by N.S. Sci & Arts Mv. Bhadrawati.
3. Power Lifting,Weight Lifting,Best Physique (Men) Selection Committee Member for the year-2014-15.Org.by Rajiv Gandhi Arts College,Bengali Camp Chandrapur.
4. Annual Atheletics meet (Men/Women) Throwing Event Shot-put Selection Committee Member for the year-2014-15.Org.by R.S.S.Mv.Visapur. Dist:- Chandrapur.
5. Archery (Men/Women) Selection Committee Member for the year-2015-16.Org.by Mahatma Jyotiba Fule College, Ashti.
6. Hocky (Men) Selection Trails Committee Member for the year-2015-16.at District Stadium,Chandrapur.
7. Vollyball (Men) Selection Committee Member for the year-2015-16.Org.by N.S.Sci & Arts Mv. Bhadrawati.
8. Taekwondo (Men/Women) Selection Committee Member for the year-2015-16.Org.by N.S.Sci & Arts Mv. Bhadrawati.
9. Cricket (Men) Selection Committee Member for the year-2015-16.Org.by R.S.S.Mv.Visapur.Dist:-Chandrapur.
10. Annual Atheletics meet (Men/Women) High jump incharge Convener Selection Committee Member for the year-2015-16. Org.by R.S.S.Mv.Visapur. Dist:- Chandrapur.
11. Taekwondo (Men/Women) Selection Committee Member for the year-2016-17.Org.by N.S.Sci & Arts Mv. Bhadrawati.
12. Fencing (Men/Women) Selection Committee Member for the year-2016-17.Org.by Vivekanad Mv. Bhadrawati
13. Judo (Men/Women) Selection Committee Chairman for the year-2016-17.Org.by Chintamani Mv. Gondpipari.
14. Archery (Men/Women) Selection Committee Chairman for the year-2016-17. Org.by N.S.Sci & Arts Mv. Bhadrawati.
15. Boxing (Men/Women) Selection Committee Member for the year-2016-17.Org.by Vivekanad Mv. Bhadrawati.
16. Taekwondo (Men/Women) Selection Committee Member for the year-2017-18.Org.by N.S.Sci & Arts Mv. Bhadrawati.
17. Judo(Men/Women) Selection Committee Member for the year-2017-18. Org.by N.S.Sci & Arts Mv. Bhadrawati.
18. Fencing (Men/Women) Selection Committee Chairman for the year-2017-18.Org.by Vivekanad Mv. Bhadrawati
19. Annual Atheletics meet (Men/Women) Selection Committee Member for the year-2017-18.Org.by Mahila Mv.Gadchiroli.
20. Archery (Men/Women) Selection Committee Chairman for the year-2017-18. Org.by R.S.S.Mv.Visapur

21. Wrestling Free style (Men & Women) & Wrestling Greco Roman style (Men & Women) Selection Committee Member for the year-2018-19. Org.by N.S.Sci & Arts Mv. Bhadrawati.
22. Volleyball (Women) Selection Committee Member for the year-2018-19.Org.by R.M.G. College, Saoli. Dist:- Chandrapur.
23. Badminton (Men/Women) Selection Committee Member for the year-2018-19. Org.by N.S.Sci & Arts Mv. Bhadrawati.
24. Archery (Men/Women) Selection Committee Member for the year-2018-19. Org.by M.J.F. College,Ashti, Dist:- Gadchiroli.
25. Power Lifting,Weight Lifting,Best Physique (Men) Selection Committee Member for the year-2018-19.Org.by Rajiv Gandhi Arts College, Bengali Camp Chandrapur.
26. Annual Athletics meet (Men/Women) Official for the year-2018-19. Org.by Director Dept.of Physical Education Gondwana University,Gadchiroli.
27. Judo(Men/Women) Selection Committee Member for the year-2019-20. Org.by Chintamani Arts & Comm. Mv. Gondpipari
28. Taekwondo (Men/Women) Selection Committee Member for the year-2019 - 20.Org.by N.S.Sci & Arts Mv. Bhadrawati
29. Powerlifting, Weight Lifting, Best Physique (Men/Women) Selection Committee Member for the year-2019-20. Org.by N. S. Sci & Arts Mv. Bhadrawati
30. Annual Athletics meet (Men/Women) Official for the year-2019-20. Org.by Director Dept. of Physical Education Gondwana University,Gadchiroli.
31. Fencing (Men/Women) Selection Committee Member for the year-2019 -20. Org.by N. S. Sci & Arts Mv. Bhadrawati
32. Gondwana university, Gadchiroli All india inter university Korfball (Mixed) Organizing Committee Member Tournament 2019-20.
33. Gondwana university, Gadchiroli Sports Organised Committee Member Tournament 2020-2021.
34. Fencing (Men/Women) Selection Committee Membar for the year-2019-20.Org. by Sports & Physical Education Dept. Gondwana University, Gadchiroli.
35. Taekwondo (Men/Women) Selection Committee Member for the year-2022-23. Org.by Sports & Physical Education Dept. Gondwana University, Gadchiroli.
36. Judo (Men/Women) Selection Committee Member for the year-2022-23. Org. N. S. Sci & Arts Mv. Bhadrawati
37. Power Lifting,Weight Lifting,Best Physique (Men) Selection Committee Member for the year-2022-23.Org.by Rajiv Gandhi Arts College, Bengali Camp Chandrapur.

➤ **N.S.Sci & Arts Mv. Bhadrawati. College Committees.**

1. Discipline Committee 2014-15- **Member**
3. Game Sports Committee 2014-15-**Chairman**
4. Cultural Programme Committee 2014-15 – **Member**
5. Naac Steering Committee 2015-16- **Member**
6. Game Sports Committee 2015-16-**Chairman**
7. Time Table Committee 2015-16 - **Member**
8. Cultural Activities 2015-16 – **Member**
9. College Student Welfare & Anti raging Committee2015-16 - **Member**
10. Student Health Care Committee 2015-16 - **Chairman**
11. Student Council Formation Committee2015-16 – **Member**
12. Game Sports Committee 2016-17 - **Chairman**
13. College day function 2016-17 – **Member**
14. College Student Welfare Committee 2016-17 - **Member**
15. Student Health Care Committee 2016-17 - **Chairman**
16. Student Council Formation Committee 2016-17 – **Member**
17. Anti-Raging Committee 2016-17 – **Member**
18. Inaternal Quality Assurance Cell (IQAC) Committee 2017-18 – **Member**
19. Game Sports Committee 2017-18-**Chairman**
20. Student Council Formation Committee2017-18 – **Member**
21. Anti-Raging Committee 2017-18 – **Member**
22. Game Sports Committee 2018-19-**Chairman**
23. Student Health Care Committee 2018-19 - **Chairman**
24. Student Council Formation Committee2018-19 – **Member**
25. Anti-Raging Committee 2018-19 – **Member**
26. Inaternal Quality Assurance Cell (IQAC) Committee 2018-19 – **Member**
27. Game Sports Committee 2019-20-**Chairman**
28. Anti-Raging Committee 2019-20 – **Member**
29. Student Council Formation Committee2019-20 – **Member**
30. Student Health Care Committee 2019-20 - **Chairman**
31. Student Council Formation Committee 2020-21 – **Member**
32. Game Sports Committee 2020-21- **Chairman**
33. Student Health Care Committee 2020-21 – **Chairman**
34. Anti-Raging Committee 2020-21- **Member**
35. Student Council Formation Committee2022-23– **Member**
36. Purchasing Committee 2022-23– **Member**
37. Infrastructure Construction & Maintanance Committee 2022-23– **Member**
38. Game Sports Committee 2022-23- **Chairman**
39. Student Health Care Committee 2022-23 - **Chairman**
40. Anti-Raging Committee 2022-23- **Member**
41. NIRF Committee 2022-23 - **Member**